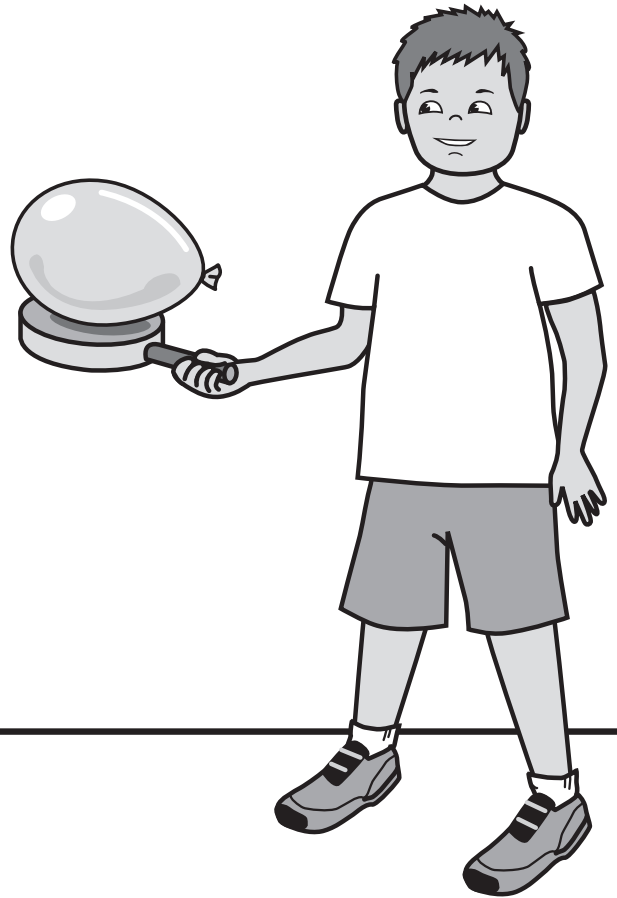


Sostener el Equilibrio

★ 1 paddle and 1 balloon per student at this station

- ★ Balance your balloon on your paddle.
- ★ Can you balance it at a low level? High level?
- ★ What other ways can you balance the balloon?



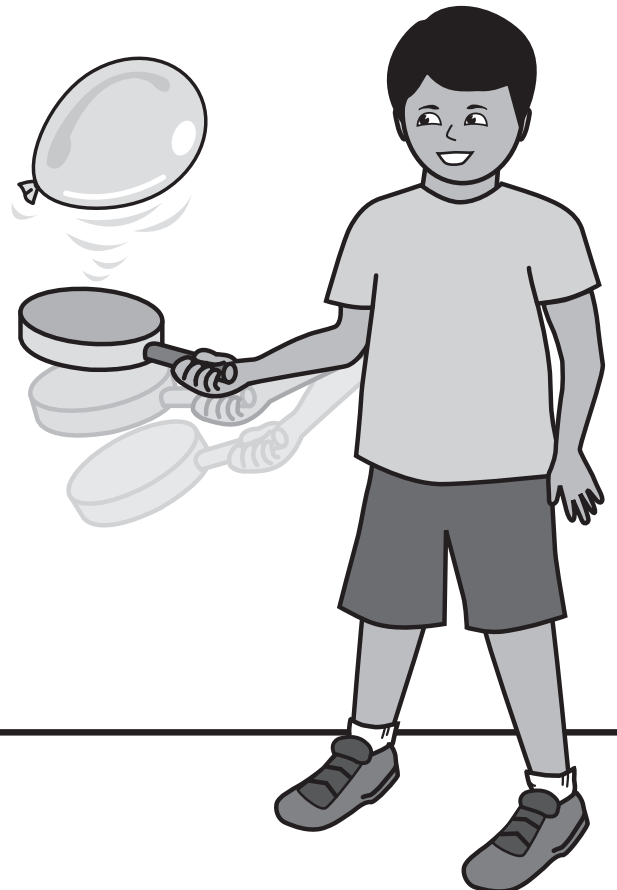
DRIBBLING, VOLLEYING, AND STRIKING

STRIKING WITH PADDLES

Mantenerlo Arriba con la Pala

★ 1 paddle and 1 balloon per student at this station

- ★ Hit the balloon up in the air with one side of your paddle.



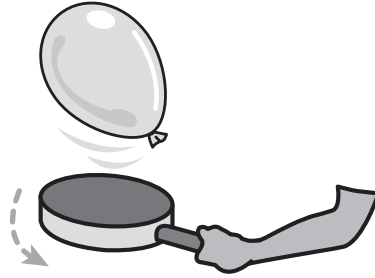
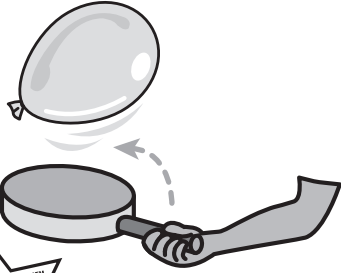
DRIBBLING, VOLLEYING, AND STRIKING

STRIKING WITH PADDLES

Ahora De los Dos Lados

★ 1 paddle and 1 balloon per student at this station.

★ Hit the ball upward on one side of your paddle, then turn the paddle over and hit with the other.



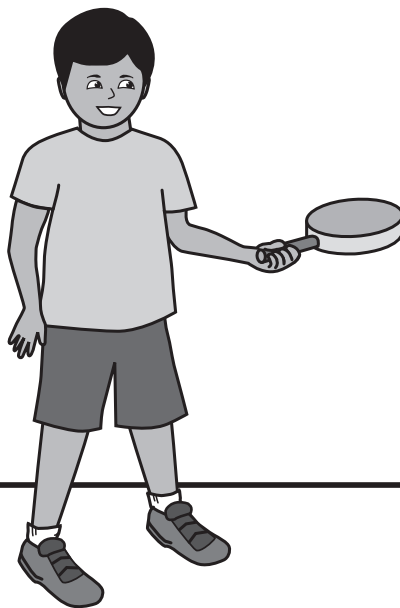
DRIBBLING, VOLLEYING, AND STRIKING

STRIKING WITH PADDLES

Volea de Pala Con Compañero

★ 2 paddles and 1 balloon per pair at this station

★ Hit the balloon back and forth with your partner.

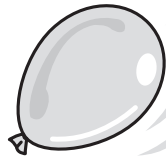


DRIBBLING, VOLLEYING, AND STRIKING

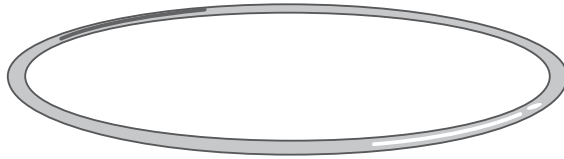
STRIKING WITH PADDLES

Saque con Pala

- ★ 1 paddle and 1 balloon per student at this station
- ★ Spread hoops around station



- ★ Using the paddle, underhand serve your balloon into the hoops.

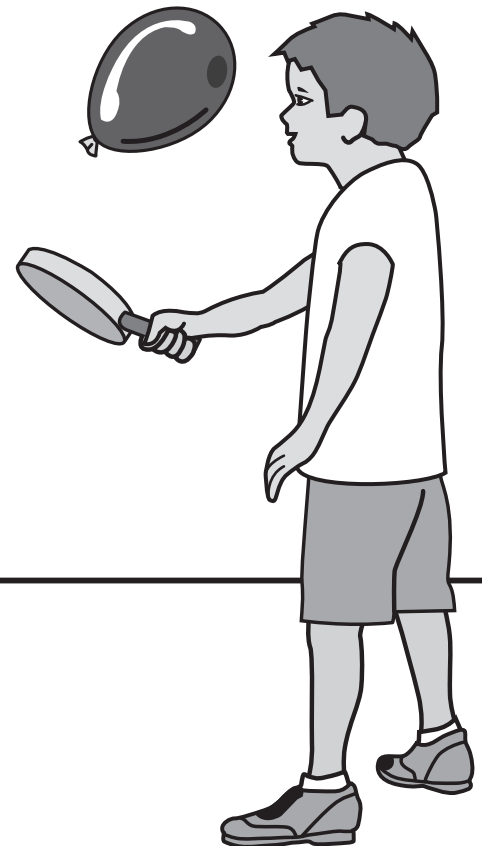


DRIBBLING, VOLLEYING, AND STRIKING
STRIKING WITH PADDLES

Mantenerla Arriba

- ★ 1 paddle and 1-2 balloons per student at this station

- ★ Work together to try and keep all the balloons (2-3) from touching the floor.



DRIBBLING, VOLLEYING, AND STRIKING
STRIKING WITH PADDLES

Pegar y Deletrear

★ 1 paddle and 1 balloon per student at this station

- ★ Everytime your paddle hits the ball, say one letter of your name.
- ★ Can you spell your whole name without missing?



DRIBBLING, VOLLEYING, AND STRIKING

STRIKING WITH PADDLES

