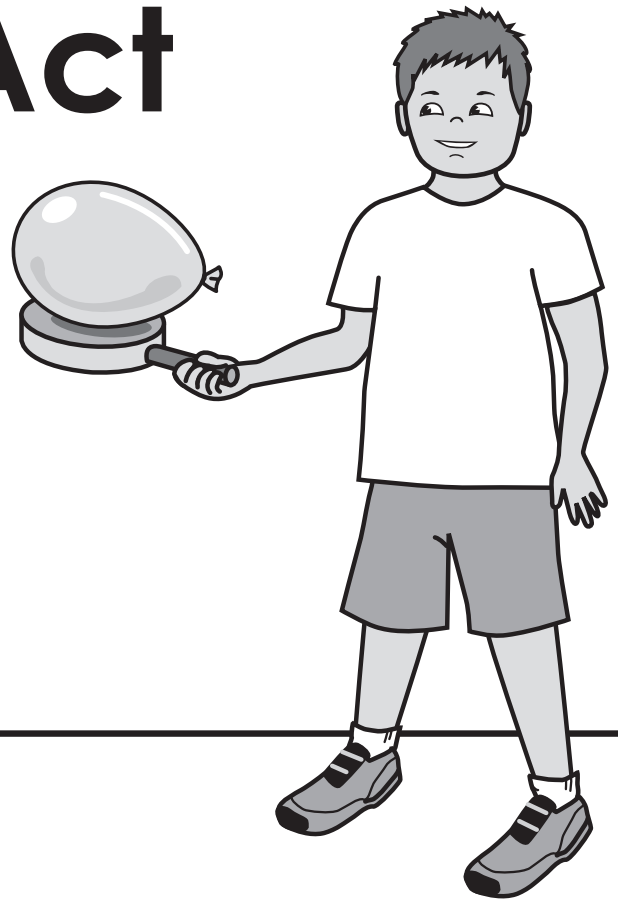


Balancing Act

★ 1 paddle and 1 balloon per student at this station

- ★ Balance your balloon on your paddle.
- ★ Can you balance it at a low level? High level?
- ★ What other ways can you balance the balloon?

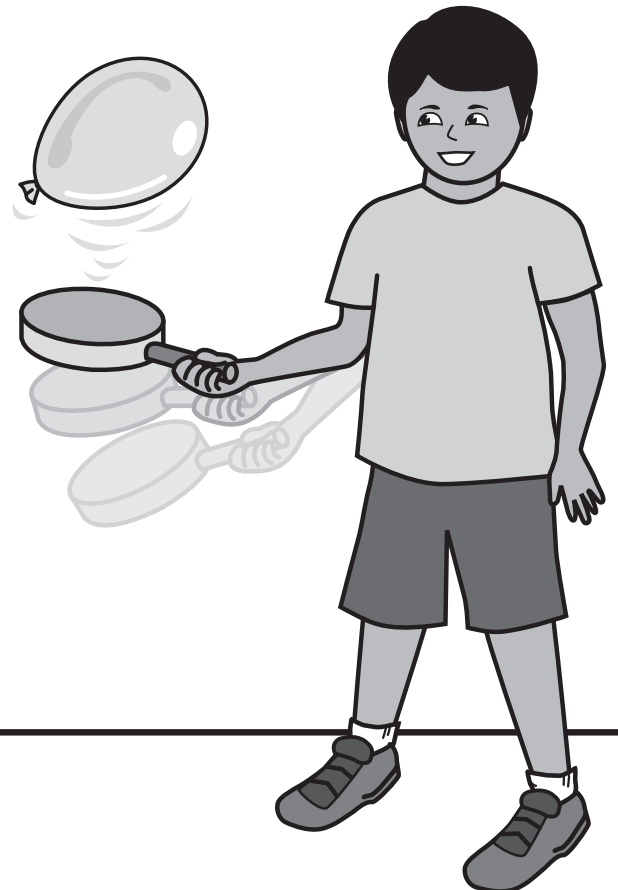


DRIBBLING, VOLLEYING, AND STRIKING
STRIKING WITH PADDLES

Paddle Keep It Up

★ 1 paddle and 1 balloon per student at this station

- ★ Hit the balloon up in the air with one side of your paddle.

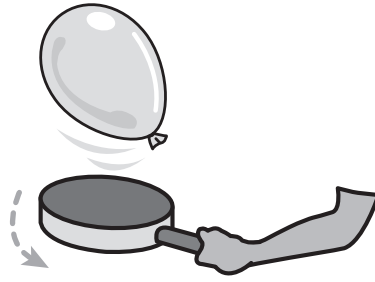
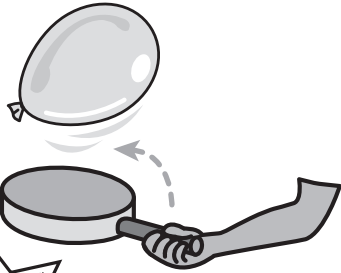


DRIBBLING, VOLLEYING, AND STRIKING
STRIKING WITH PADDLES

Both Sides Now

★ 1 paddle and 1 balloon per student at this station.

★ Hit the ball upward on one side of your paddle, then turn the paddle over and hit with the other.

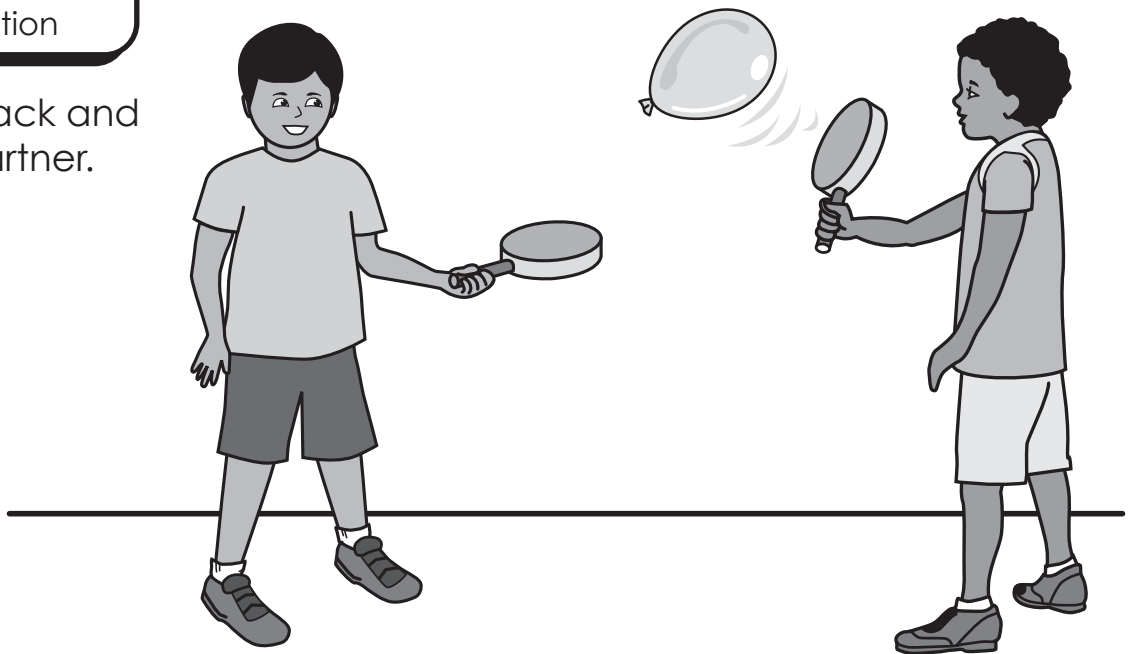


DRIBBLING, VOLLEYING, AND STRIKING
STRIKING WITH PADDLES

Partner Paddle Volley

★ 2 paddles and 1 balloon per pair at this station

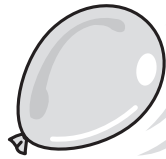
★ Hit the balloon back and forth with your partner.



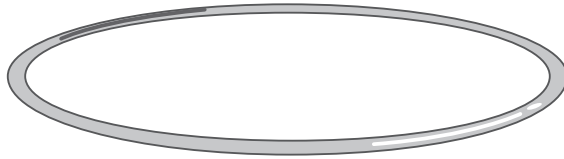
DRIBBLING, VOLLEYING, AND STRIKING
STRIKING WITH PADDLES

Paddle Serve

- ★ 1 paddle and 1 balloon per student at this station
- ★ Spread hoops around station



- ★ Using the paddle, underhand serve your balloon into the hoops.



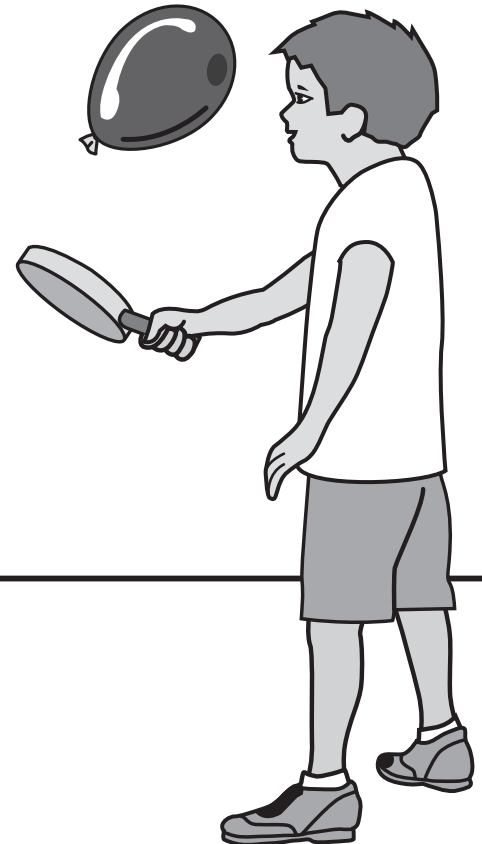
DRIBBLING, VOLLEYING, AND STRIKING

STRIKING WITH PADDLES

Keep It Up

- ★ 1 paddle and 1-2 balloons per student at this station

- ★ Work together to try and keep all the balloons (2-3) from touching the floor.



DRIBBLING, VOLLEYING, AND STRIKING

STRIKING WITH PADDLES

Striking Spelling

★ 1 paddle and 1 balloon per student at this station

- ★ Everytime your paddle hits the ball, say one letter of your name.
- ★ Can you spell your whole name without missing?



DRIBBLING, VOLLEYING, AND STRIKING

STRIKING WITH PADDLES

