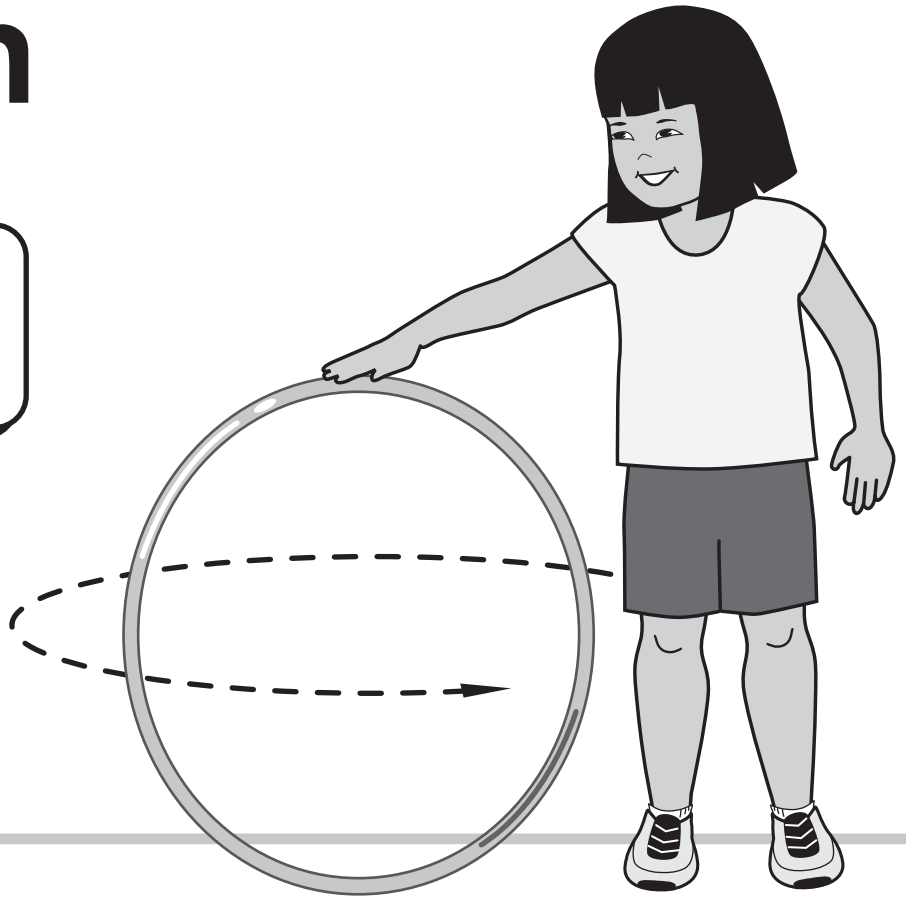


# Top Spin

Spin the hoop like a top.

- ★ How long can you keep it spinning?
- ★ Can you run around it without touching it?



MANIPULATIVES

# Hoop Rolling

Pretend your hoop is a pet you are taking for a walk by pushing it with your palm.

- ★ Can you roll it in a straight pathway?
- ★ Can you roll it in a curved pathway?



MANIPULATIVES

# Jump Hoop

Use the hoop like a jump rope.

- ★ Can you do it forward?
- ★ Can you do it backward?

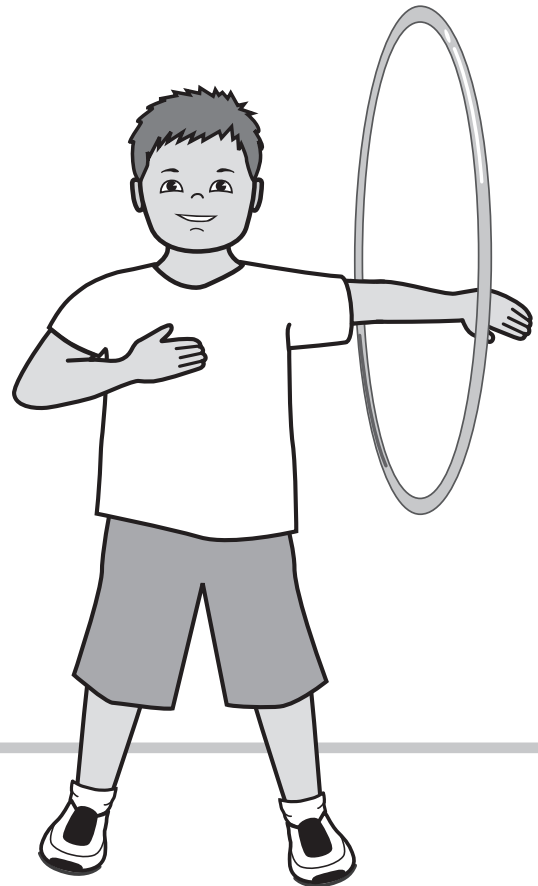


MANIPULATIVES

# Arm Spin

With your hoop around your wrist, and move to keep it circling your arm.

- ★ How long can you keep it going?
- ★ Can you switch arms while the hoop is moving?

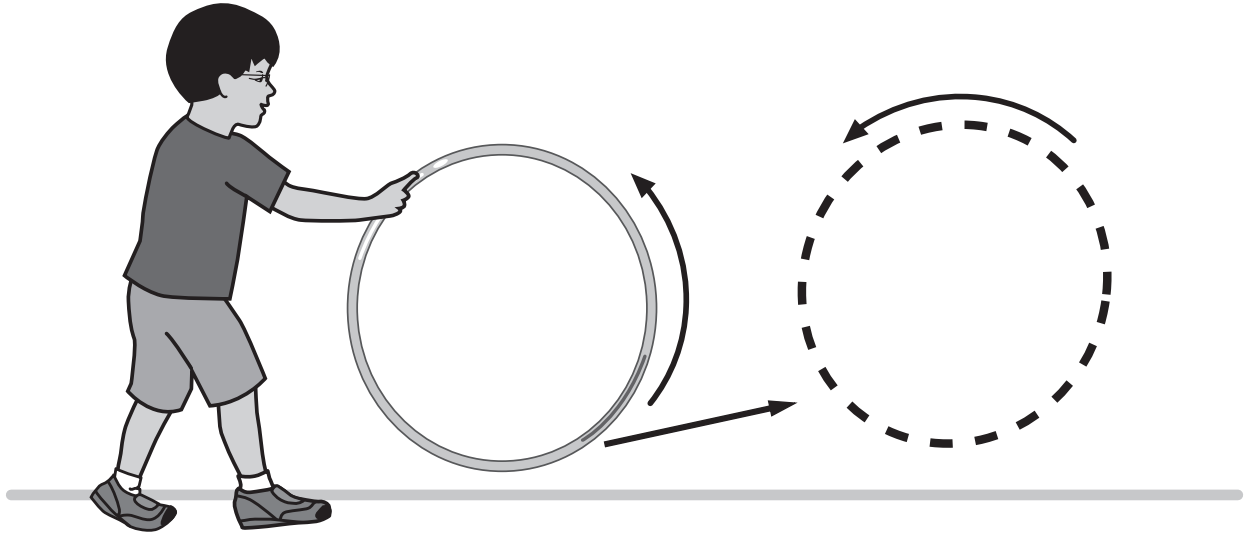


MANIPULATIVES

# Boomerang

Toss your hoop forward with backspin and make it roll back to you.

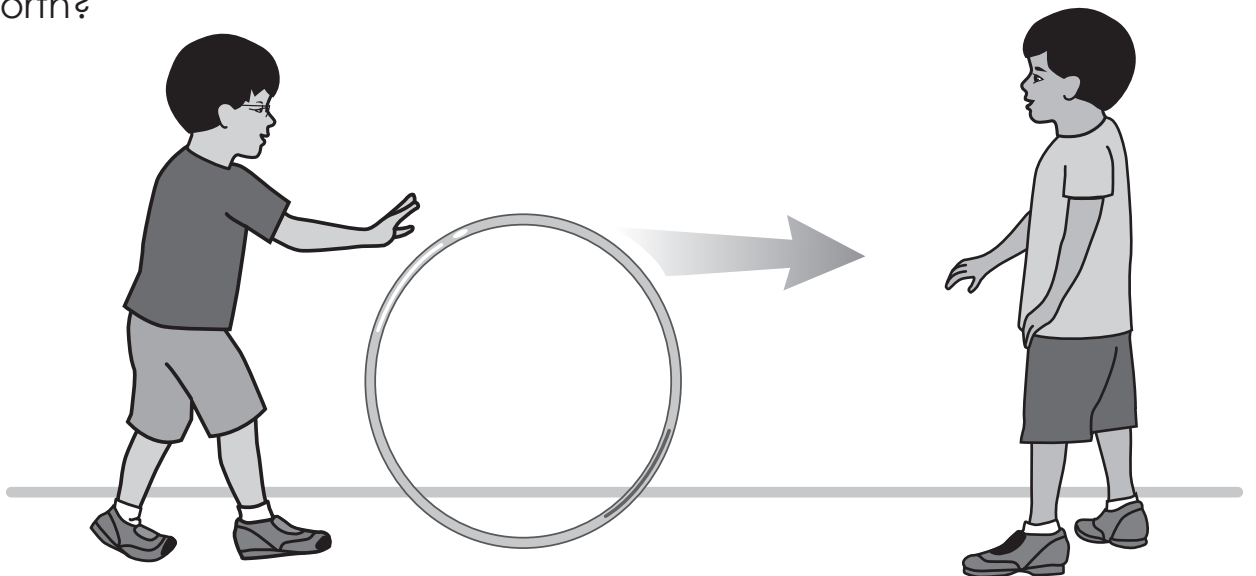
- ★ Can you roll the hoop forward with backspin so that it comes back to you?
- ★ What tricks can you do with the hoop when it comes back?



MANIPULATIVES

# Partner Hoop Exchange

Can you and your partner exchange hoops by rolling them back and forth?



MANIPULATIVES

# Skip-It

With your hoop around 1 ankle, keep it turning, while your other foot hops over it each time around.



MANIPULATIVES

# Self-Toss and Catch

Toss and catch your beanbag with two hands.



- ★ Can you catch with 1 hand?
- ★ Can you throw with 1 hand and catch with 2?



MANIPULATIVES

# Rainbow Toss

Toss your beanbag back and forth across your body from hand to hand.



★ Can you toss higher each time?



MANIPULATIVES

# Toss and Clap

Toss your beanbag and clap your hands before catching it.



★ How many claps can you do and still catch the beanbag?

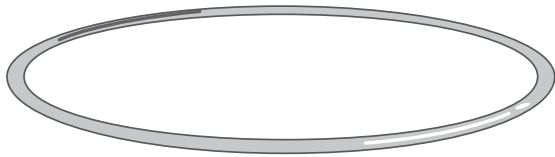
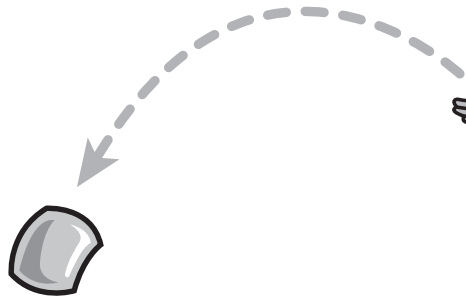


MANIPULATIVES

# Throw for Accuracy

Throw at (or through) a target.

★ Now take a step back after each success.

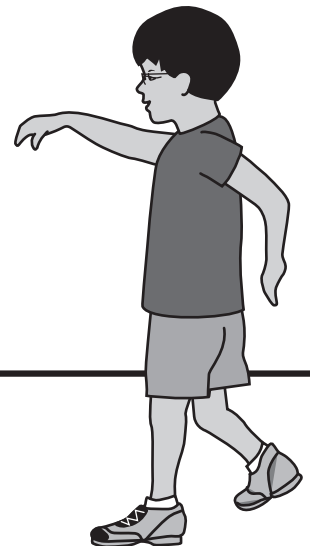
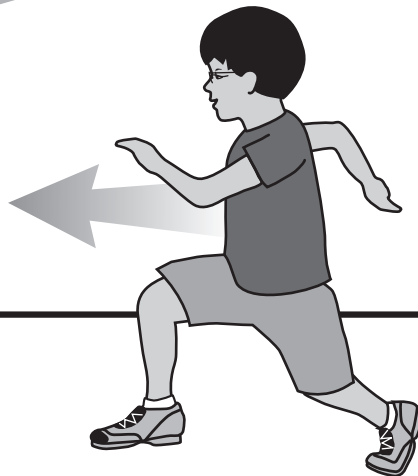
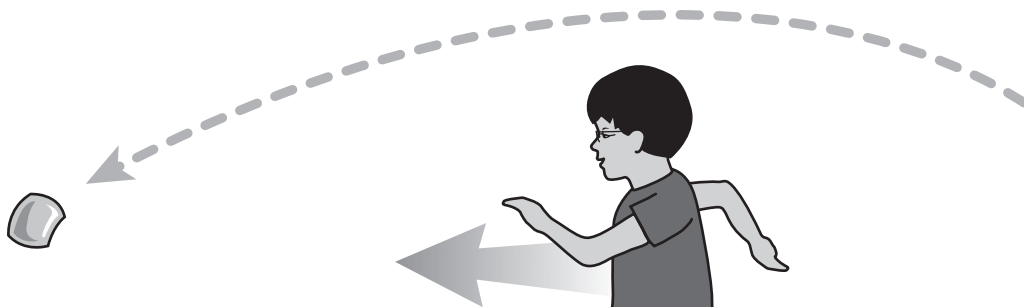


MANIPULATIVES

# Throw for Distance

Throw the beanbag far. After each throw, run, and retrieve your beanbag.

★ Can you do it with the other hand?

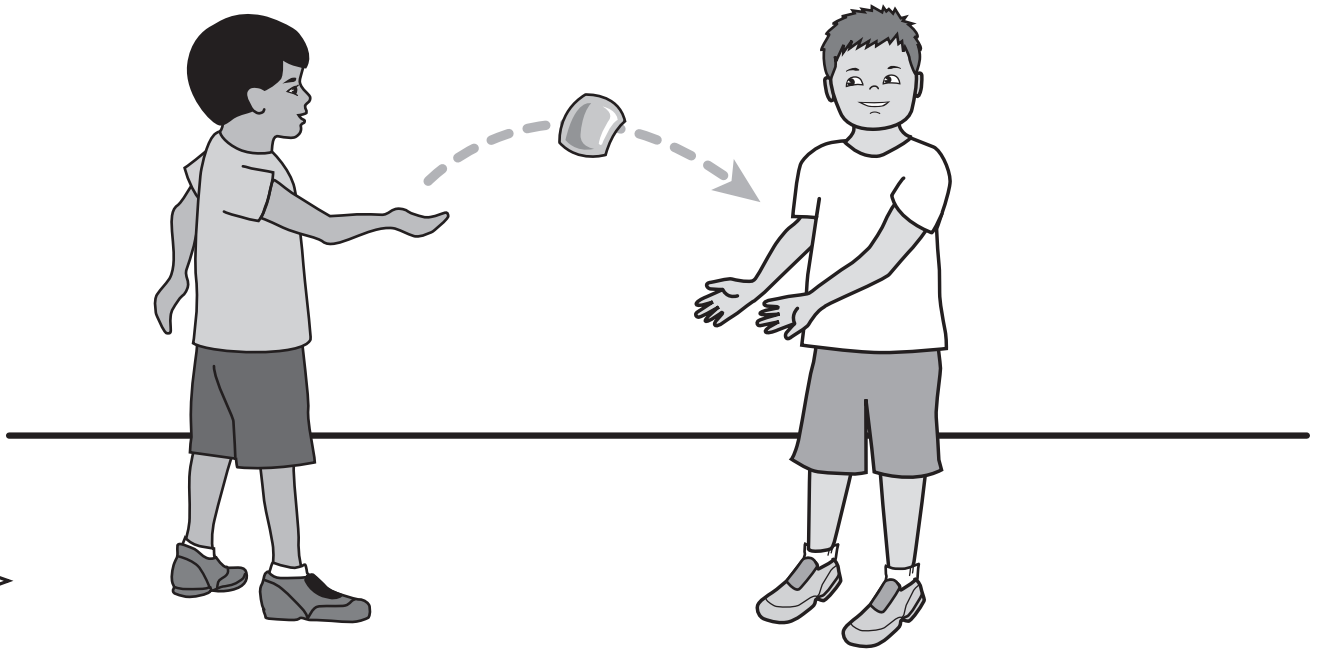


MANIPULATIVES

# Partner Toss

★ How many catches can you make?

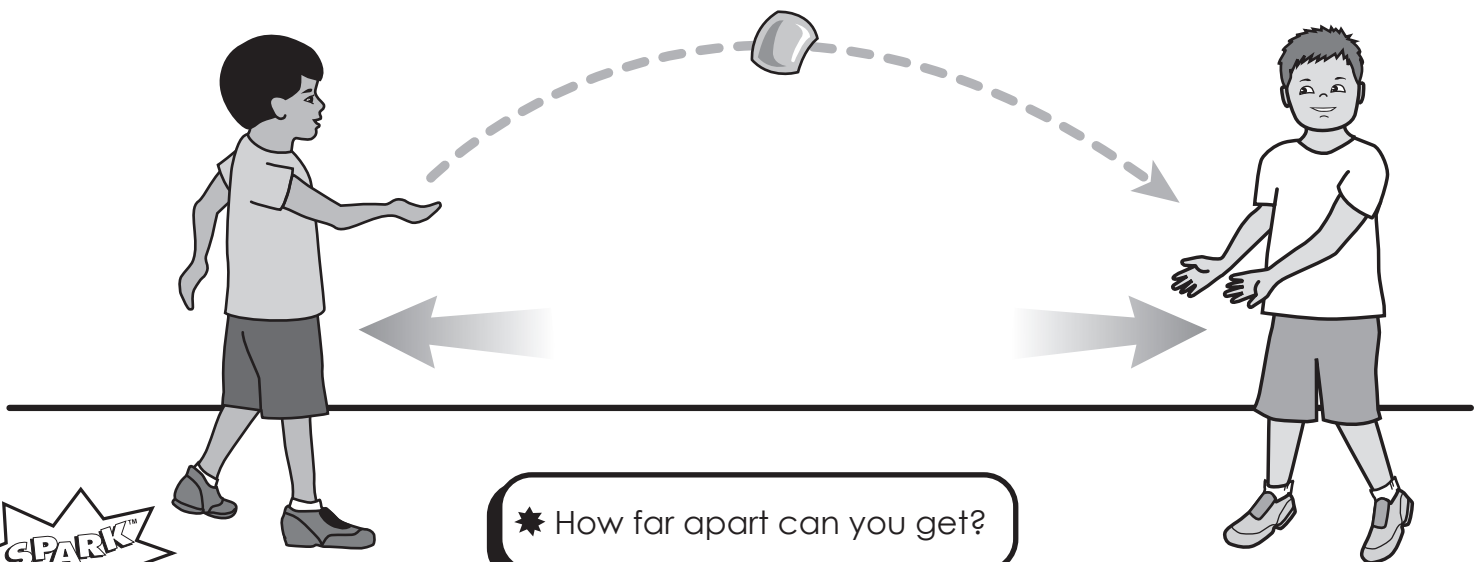
You and your partner play catch with a beanbag.



MANIPULATIVES

# Partner Step Back

Play catch with your partner and take 1 step back after each catch.



★ How far apart can you get?

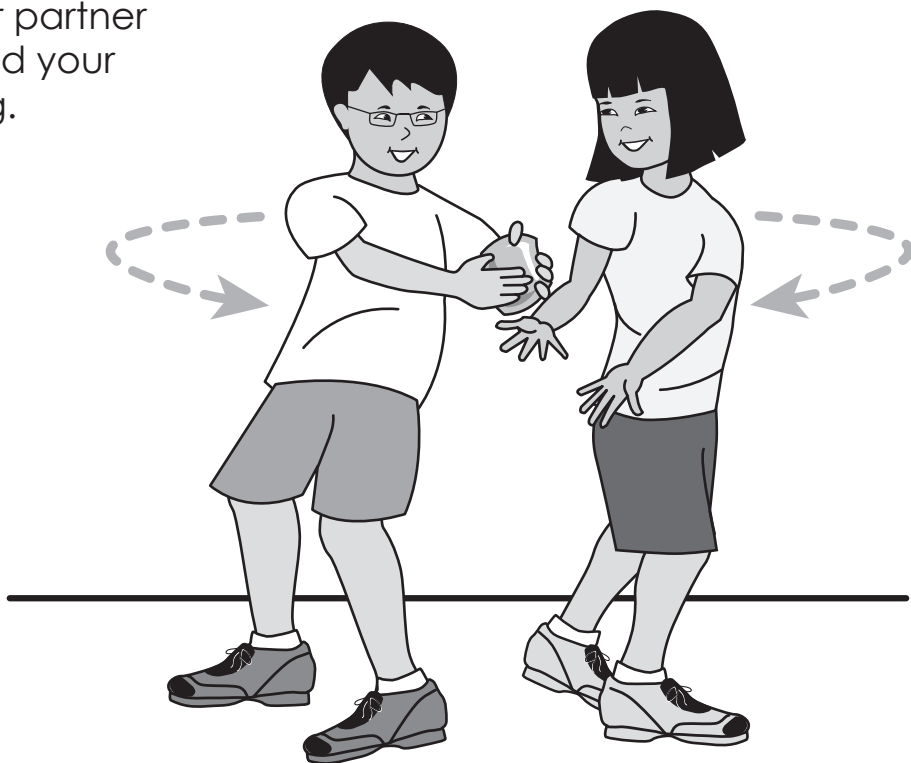


MANIPULATIVES

# Partner Twist and Turn

Stand back-to-back with your partner and pass the beanbag around your bodies by twisting and turning.

★ How many times can you pass it around?

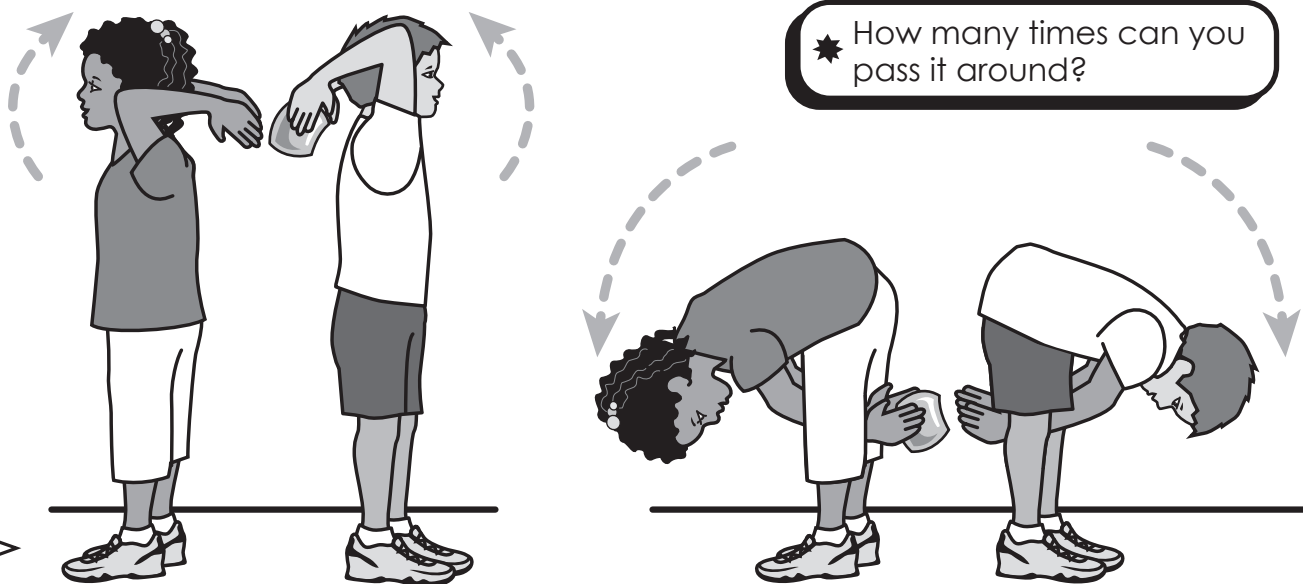


MANIPULATIVES

# Partner Bend and Stretch

Stand back-to-back with your partner and pass the beanbag over and under your bodies by reaching overhead and passing between legs.

★ How many times can you pass it around?

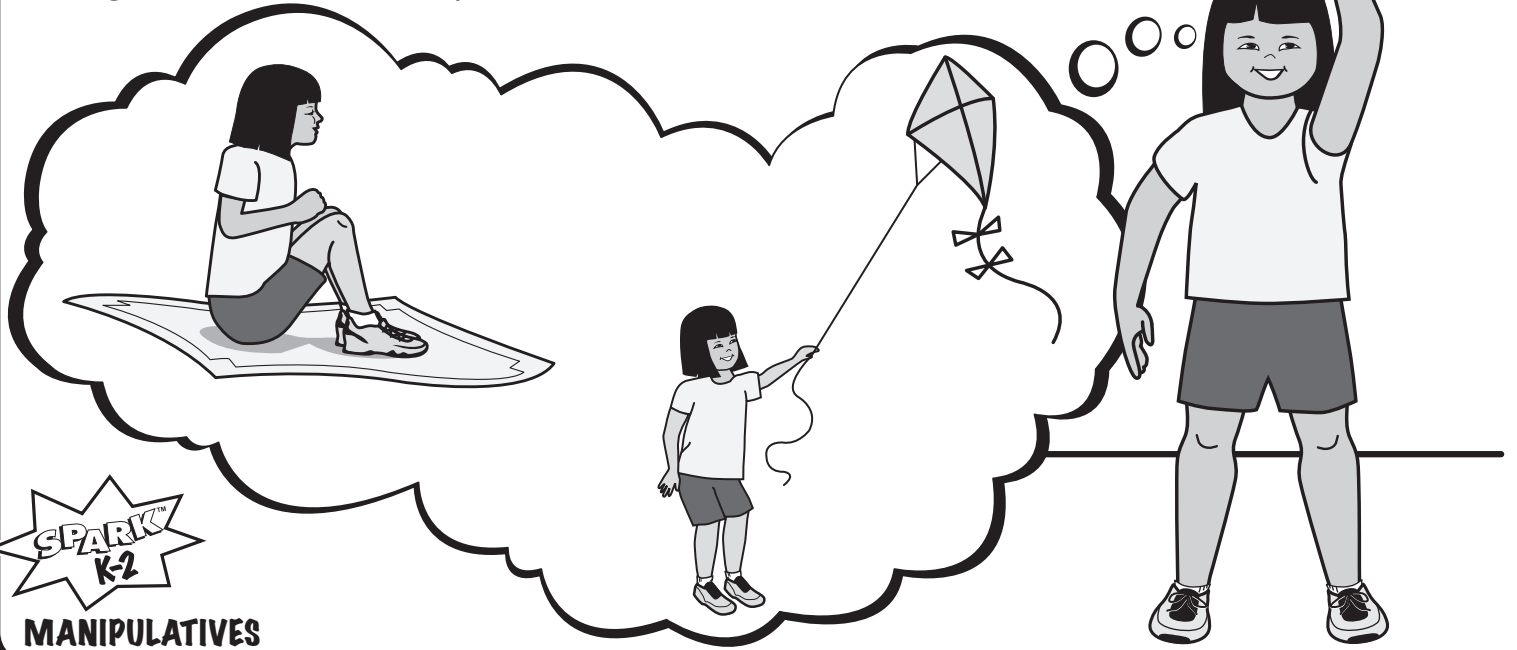


MANIPULATIVES



# Imagine Your Scarf Is...

Imagine your scarf is something else and play with it. (Maybe a kite, or a flying carpet, or waves!)



# Imagine You Are...

What can you become with your scarf? (Maybe a juggler, a magician, or a bullfighter!)



# Self-Toss and Catch

Can you toss and catch your scarf with...

- your R hand?
- your L hand?
- a clap before catching?
- a turn before catching?
- another body part?



MANIPULATIVES

# Drawing

Draw with your scarf.

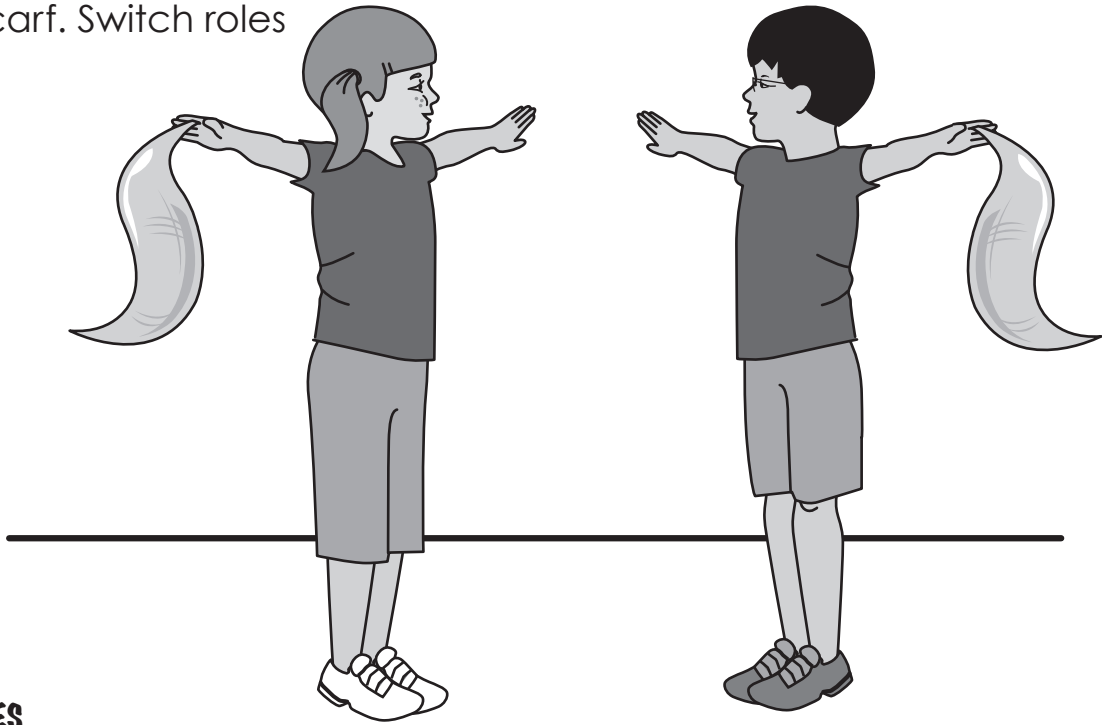
- ★ Can you write your name?
- ★ Can you write the numbers 1-10?



MANIPULATIVES

# Partner Mirroring

Mirror a partner's moves with your scarf. Switch roles after a bit.



**MANIPULATIVES**